

2026 March Instructor Induction Courses Report

Brendan Doogan, March 2026



Overview

In March 2026 Education Panel members Mike Lowe and Jo Northey led Instructor Induction Courses in Auckland, Christchurch, Palmerston North and Wellington, serving 78 members, supported by Brendan Doogan and Belinda Hardy. Our thanks to numerous others contributed large amounts of time including Mrs Pygott and Mr Tolley in database and operations, and our hosts Mrs Davey, Miss Caley, Mr Lowe and Mr Bilewitch.

The courses were run side by side with Instructing Courses (previously known as Update Courses) to reduce calendar clutter and venue cost, and to share presenters as a way of meeting our succession planning and cost reduction goals re personnel.

Summary

Participants enjoyed the courses and were set at ease about their nervousness by the presenters. Presenters were effective and engaging, and helped beginner instructors with a range of techniques.

Participants appreciated meeting new people, and feel more confident about returning to club and instructing. They'd like more time on the courses to practice instructing one another, and gave some feedback about the structure and schedule of the course.

Conclusion

- Cost cutting and succession planning goals have now been reached
- Participants have been equipped with instructing skills which they will now practise at club
- Instructors should work on instructing skills within and between clubs

*Brendan Doogan
Education Panel Chair
Postgrad Dip Tchg 2009
QQI L7 / NZQF L7 Coach Developer
ITF Coach Committee*

Appendix One Mike Lowe's Survey Results

Things that I enjoyed or found useful about the course:

- Fun, enjoyable, engaging, meeting new people x7
- Learning how to teach, techniques and skills, information x5
- Very organised, having a good instructor x3
- I thought it was going to be scary at first but Mr Lowe made it light hearted but yet still serious and informing

Back at training, I expect to benefit from what I have learned in the following ways:

- Confidence x4
- Knowledge, skills, teaching techniques x8
- Confidence, finding out what works for me and the people I will be teaching
- New drills, exercises to teach, voice variation, commanding attention

My suggestions to make the course more enjoyable or useful:

- Nothing or N/A x6
- More opportunity for individuals to lead the class
- Practicing instructing more in front of group

My overall opinion of the course is (circle):

Not enjoyable = 1, Very enjoyable = 5

- 4.75

Not useful = 1, Very useful = 5

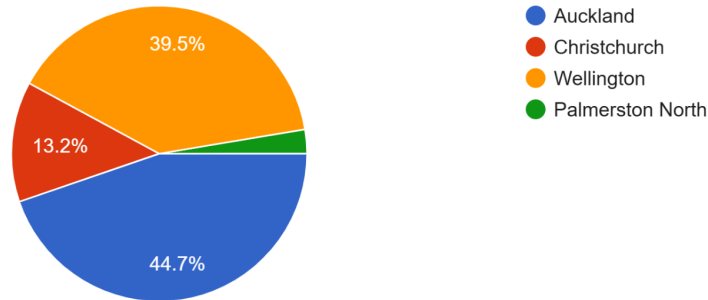
- 4.625



Appendix Two Jo Northey's Survey Results

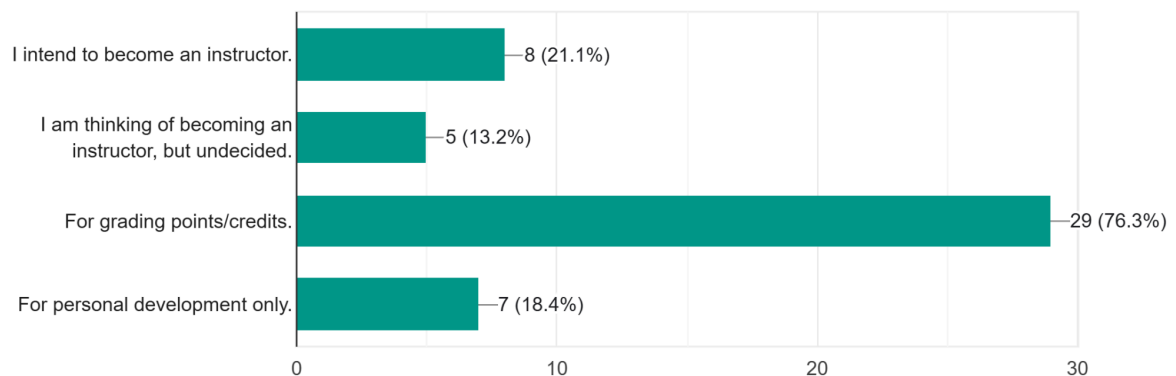
The city where I attended today's course:

38 responses



What was your reason for attending today's course?

38 responses



In today's course I really enjoyed... 38 responses

Instructing skills

The part were we can be able to fell how it will be to be an instructor.

Pedagogy

Learning to become a teacher

Instructing

The instructing practice

Learning how to break the rythem

Learning how to teach.

Developing new skills that I can pass on back to my people in Auckland.

Learning new things - who knew being an instructor was so hard?

Pool noodles game.

Lean to teach a new skill

The parts when we got to teach every one

Presenters

The instructor's enthusiasm and her presentation methods

Everything, but Joanne was fantastic!

How funny the instructors were.

Learning new things from an energetic and engaging instructor

Different perspectives of both Mrs Northey and Mr Duggan

The energy and level of experience and expertise of the instructor. Their energy was engaging.

The engagement I had with Mrs Northey. I have a clear understanding of what I was required to do now.

Social

The class energy

Meeting up with some old friends

Learning and getting to meet others

Im really quiet and not very loud, this course helped me build up some confidence and meet new people that have helped me.

Teaching a small group and in that I made new friends and built my confidence in teaching.

Meeting new people(I came from Auckland)

Being out on the spot and meeting new people

Feeling comfortable teaching

How the course was taught

How we learnt

How welcome and (not) daunting it is.

The pool noodle game

Teaching the whole class and playing fun games and having giggles here and there.

Instructing a class by ourselves; it was really fun.

The aggression games, practising instructing in groups.

The jokes the instructors sneaked in
Hated it but the practical role plays were great
Playing games. Working in small groups rather than the whole class.
Teaching and listening
The mix of activities
The group activities and filling out the paper Mrs Northy gave me.
Speaking in front of a big crowd even though i did feel scared.

Something that could have been better would be... 38 responses

Nothing - it was great! (x9)
A little more games (x4)
More time to practice taking the whole class (x8)
Noise, space, speaking louder etc (x5)
Schedule, duration, refreshments etc (x4)

Nothing. Twas gnarly.

I dont think anything 'could have been better'. It was pretty good. You taught us the important aspects and helped us with them.



Back at training, I expect to benefit from what I have learned by: 38 responses

Confidence (x4)

Preparation and planning (x2)

How to lead, give feedback, getting the point across, better explanation skills

Speaking skills, engaging others (x4)

Applying my knowledge into practice when I am teaching the mini kids. Practicing in class

Reflecting

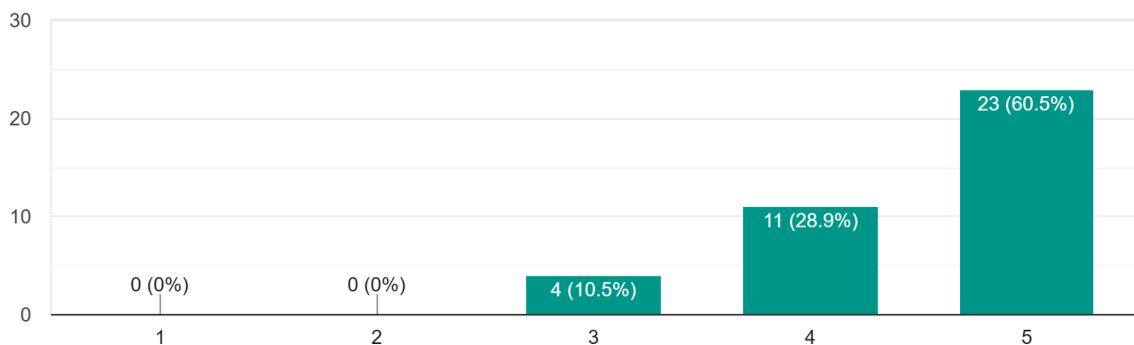
Using what has been told at this instructors course. (I also want to be a teacher when I grow up so this was really helpful for that).

Using it to pass my instructing assignment.

Recalling everything Ive learned, reading (skimming) through the book.

Overall, I found this course enjoyable.

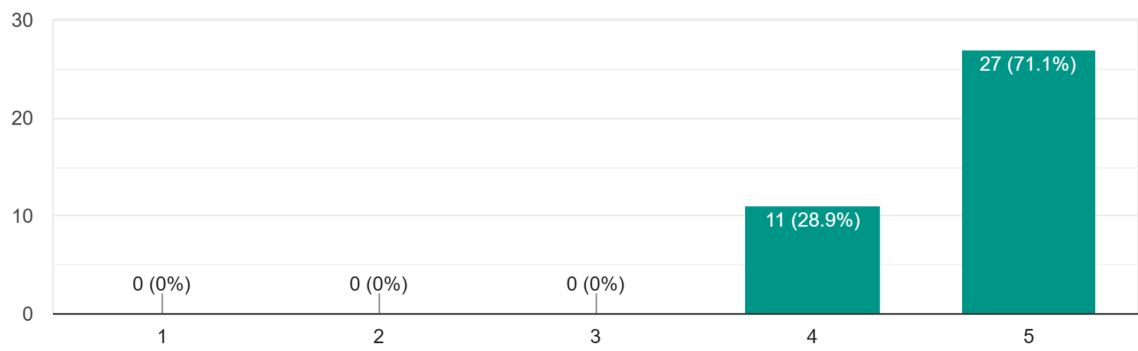
38 responses



Average = 4.5

Overall, I found this course useful.

38 responses



Average = 4.71